

Coppell 5K Run / 1 Mile Walk

Benefiting **Coppell Special Olympic Teams**

Saturday May 8th, 2010

Andrew Brown West Park in Coppell, TX

Start and Finish will be at
Andrew Brown West Park
363 North Denton Tap Road
Coppell, TX 75019
Times for events:
7:00am-8:00am Registration
8:00am Start of 5k run
8:05am Start of 1 mile run/walk

To Register Online:
Visit www.Coppell5k.com



Contact: Cynthia Linder
Email: cynthia@getyouinshape.com
Phone: (214)-603-8287

Entry Fees

\$30 * Before May 1st, 2010
\$35 After May 1st, 2010

**Kids 10 and under free but will need to purchase a T-shirt if you want one.

*Only forms turned in before May 1st will be guaranteed a t-shirt

Registration

Please Print Clearly: Today's Date: _____/_____/_____ * T-Shirt Size Small Medium Large XL XXL

_____/_____/_____ @ _____
Name (Last, First) e-mail Address (to confirm)

_____/_____/_____/_____/_____
Current Mailing Address City State Zip

(____) _____ (____) _____
Work Phone Home Phone

How did you hear about this race?

Get You In Shape Special Olympics Flyer Newspaper Street Signs Other _____

IN CASE OF EMERGENCY

Name of local friend or relative:	Relationship to Registrant:	Phone Number: ()
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Payment Information (non-refundable)

Make Checks Payable to **Get You In Shape** with "5k Run" in the memo. All proceeds will go to Coppell Special Olympics Teams. Mailing address is below. Please check appropriate box.

\$30 5k Run \$30 1 Mile Run/Walk \$35 5k Late Registration \$35 1 mile Late Registration
 \$15 T-Shirt (only) size S-XXL _____ (if you want more t-shirts, please indicate size and how many below)

Enclosed Total: _____

Cash Check

For multiple entries, please complete registration form for each individual and attach.

Waiver

In consideration of this entry, being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims that I may have against GetYouInShape.com, LLC or any of the sponsors involved in the 5k Fun Walk/Run. I certify that I am physically able to participate in this event.

X

Signature (parent/guardian signature) Print Name

Make Checks Payable to Get You In Shape. All proceeds will benefit Coppell Special Olympics Teams.

Mail this form to Get You In Shape P.O. Box 1159 Coppell, TX 75019

Tel: 214-603-8287 email: Cynthia@getyouinshape.com Website: www.coppell5k.com & www.getyouinshape.com